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When a request is received from a home economist in a developing country, IHES carries out its purposes by

- Providing technical assistance,
- Using a team approach to plan and implement programs in the targeted country,
- Linking up with other organizations that share a similar mission,
- Supporting professional development and networking, and
- Providing support to professionals for their continuing education and professional growth.

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IHES  
PO Box 290183  
Tampa, FL 33687  
USA

For information, donations or requests for proposal applications, contact the above address or email the President, Juanita Mendenhall at <juanitam@usit.net>

*Join the effort -  
Send a donation*

# *International Home Economics Services, Inc.*



Board Members October 2010

*Home Economists join hands to serve  
families worldwide*

# INTERNATIONAL HOME ECONOMICS SERVICES, INC.

(IHES) is a non-profit organization, which works to strengthen home economics professionals and programming in developing countries. It is governed by a Board of Trustees, that is committed to the development and welfare of families and whose members have a rich background of experiences in international work. The board serves with no compensation and makes continuing contributions to IHES programs.

## PURPOSES

By responding to requests for help, IHES seeks to:

- Strengthen or develop formal and non-formal home economics programs focused on family life in less developed countries,
- Disseminate knowledge and skills in home economics to enhance the social, economic, cognitive, emotional and physical well-being of individuals and families, and
- Enable women to fully participate in the development process of their countries and their professional associations.

## PROJECTS AND ACTIVITIES

All requests for assistance must be accompanied by a written proposal. Priority is given to individuals or organizations that have access to few external resources either because of their location, conditions in the country or level of organizational development.

### RECENT PROJECTS:

Supported the training through a women's network project in **Novgorod, Russia** which helps female farmers improve production, management and marketing of products and services.

Helped professionals from **South America** and the **Caribbean** participate in a Regional Conference on eradicating poverty sponsored by the International Federation for Home Economics

Facilitated a "train the trainer" workshop on entrepreneurial education for **Caribbean** home economists.

Provided training for Home Economics Extension personnel in **Liberia**. IHES continues to send supplies for canning and crafts; collects textbooks for University classes; supported attendance for a home economist at AAFCS; and maintains contact for moral support in a very trying situation.

Supported the 5-month vocational training course for "at risk" girls in the northern mountainous area of **Thailand**.

Provided partial financial support for professionals attending the IFHE Congress in **Kyoto** in 2004 and supported 10 professionals to attend the Jubilee Congress in **Lucerne** in 2008.

Sent scissors confiscated at the Atlanta Airport to **India, Liberia and other countries** for use in women's income generating projects. Scissors and thread sent to **Mongolia** assisted the newly created Mongolian Quilting Center.

Provided training to develop job skills in selected **South African** students who would not be able to continue in school. An IHES volunteer also introduced 4-H programming for girls in So Africa

Grants have helped students and members of the **Caribbean** Association of Home Economics (CAHE) to participate in a variety of conferences such as the International Federation for Home Economics (IFHE) or the American Association of Family and Consumer Sciences (AAFCS).



## IHES supports its programs through a combination of:

- Monetary contributions raised through grants and direct mailings,
- Prudent management of funds,
- Contributions of the time and expertise of volunteers.

## You can help by:

**Making a financial contribution.** Monies can be designated for a specific program or left to the discretion of the Board.

**Volunteering your time and expertise** to assist IHES with its projects.

**Encouraging** home economists in developing countries to request assistance from IHES.

**Sending comments and suggestions** about programs needed to assist home economists in developing countries.

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All Requests for assistance must be in writing and accompanied by a proposal. Proposal application procedures can be obtained from the above address or by emailing the President, Juanita Mendenhall at <juanitam@usit.net>